

Available Daily

Breakfast (in blue):

Assorted Cereal
Fresh Apples & Oranges
100% Fruit Juice
Choice of Low Fat Milk

Lunch:

Fresh Apples & Oranges
Stuffed Crust Pizza
Chicken Wrap
Choice of Low Fat Milk

*Pork products listed in **pink**.

School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.25	\$2.50
Students Grades 6-12	\$1.25	\$2.60
Student Reduced-Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.25	\$3.50
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.25	\$3.50

Featured Specials of the Day

Monday, January 8

Blueberry Mini Pancakes, Mini Cinnamon Bagels,

1. **BBQ Sandwich**, 2. Mini Corn Dogs, Carrot Sticks w/ Ranch,
Baked Beans, Sliced Pears

Tuesday, January 9

WG Muffin w/ Yogurt, Breakfast Bun

1. Cheeseburger, 2. Deli Turkey Sandwich, 3. Garden Salad w/
Chicken, Seasoned Fries, Lettuce & Tomatoes,
Celery Sticks, Sliced Peaches

Wednesday, January 10

Pancakes & Sausage, Assorted Cereal, Donut Holes,

1. Chicken Nuggets w/ Roll 2. PBJ/Wow Sandwich w/ Chips
3. Crisпитos, Salsa, Steamed Broccoli,
Mashed Potatoes, Fresh Apple

Thursday, January 11

Blueberry Pancake Stick, Frosted Breakfast Pastry,

1. Teriyaki Chicken & Rice, 2. PBJ/Wow Sandwich
w/ Chips, Sweet Peas, Carrot Sticks w/ Ranch
Frozen Juice Cup

Friday, January 12

Chicken Biscuit, Assorted Cereal,

1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich w/ Chips,
3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch,
100% Fruit Juice

**Introducing: Our New School
Meal Payment System, Click LINQ
Below or visit: linqconnect.com**

LINQ Connect
ONLINE PORTAL

DON'T 4GET!
Take at least **ONE**
FRUIT or
VEGGIE
and at least **THREE**
items total so your meal
counts as a complete lunch!

Featured Specials of the Day

Monday, January 15

No School, Martin L. King Jr. Birthday

Tuesday, January 16

WG Muffin w/ Yogurt, Apple Cinnamon Toast,

1. Spicy Chicken Sandwich 2. Deli Turkey Sandwich, 3. Garden
Salad w/ Chicken, Potato Tots, Garden Salad
Carrot Sticks w/ Ranch, Applesauce

Wednesday, January 17

Sausage Biscuit, Assorted Cereal,

1. Popcorn Chicken w/ Roll, 2. PBJ/Wow Sandwich w/ Chips,
Steamed Broccoli, Mashed Potatoes,
Fresh Apple

Thursday, January 18

Breakfast Pizza, Frosted Breakfast Pastry,

1. Beefy Nachos 2. PBJ/Wow Sandwich w/ Chips,
Salsa, Black Beans, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, January 19

Chicken Biscuit, Assorted Cereal,

1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich w/ Chips,
3. Chicken Strips w/ Roll, Whole Kernel Corn, Garden Salad
w/ Ranch, 100% Fruit Juice



**Pro Football
playoffs start
Saturday, Jan. 13.
What team will
wear the crown
on Super Bowl
Sunday?**

Featured Specials of the Day

Monday, January 22

Strawberry Mini Pancakes, Breakfast Bun

1. Crisitos 2. MaxSnax Tacos, Salsa, Black Beans,
Carrot Sticks w/ Ranch, Pineapple Tidbits

Tuesday, January 23

WG Muffin w/ Yogurt, Breakfast Frudel,

1. Cheeseburger, 2. Deli Turkey Sandwich, 3. Garden Salad
w/ Chicken, Seasoned Fries, Lettuce & Tomatoes,
Sliced Peaches

Wednesday, January 24

Sausage Biscuit, Assorted Cereal,

1. Chicken Nuggets w/ Roll 2. PBJ/Wow Sandwich w/ Chips
3. Ravioli w/ Roll, Steamed Broccoli,
Mashed Potatoes, Fresh Apple

Thursday, January 25

Mini Pancake Wraps, Frosted Breakfast Pastry,

1. Spaghetti w/ Garlic Toast, 2. PBJ/Wow
Sandwich w/ Chips. 3. Chicken Sandwich Carrot Sticks w/
Ranch, Green Beans, Frozen Juice Cup

Friday, January 26

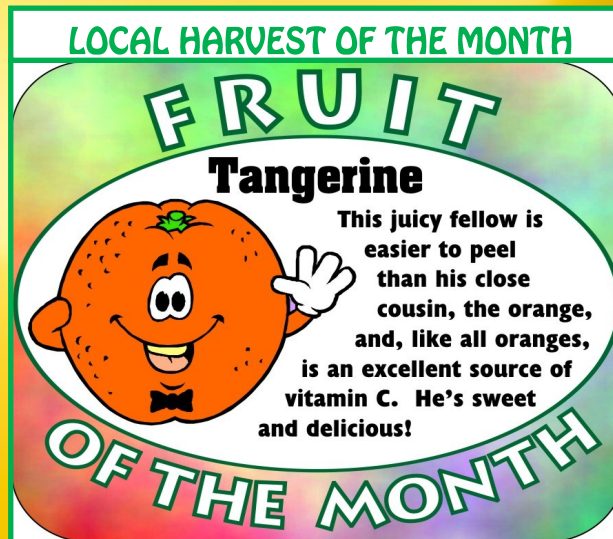
Chicken Biscuit, Assorted Cereal, 1. Stuffed Crust Pizza,
2. PBJ/Wow Sandwich w/ Chips, 3. Corn Dog, Whole Kernel
Corn, Garden Salad w/ Ranch, 100% Fruit Juice

GREAT STARTS.

A fast start is so important. And what better way to start the New Year than by starting each NEW DAY with a healthy, complete breakfast? You'll have more energy, be more alert, and feel full through the morning!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**



Featured Specials of the Day

Monday, January 29

Pancakes & Sausage, Assorted Cereal,

1. BBQ Sandwich, 2. Mini Corn Dogs, Carrot Sticks w/ Ranch,
Baked Beans, Tangerine

Tuesday, January 30

WG Muffin w/ Yogurt, Apple Cinnamon Toast

1. Sloppy Joe Sandwich 2. Spicy Chicken Sandwich,
3. Garden Salad w/ Chicken, Garden Salad w/ Ranch,
Potato Tots, Applesauce

Wednesday, January 31

Sausage Biscuit, Assorted Cereal,

1. Chicken Alfredo w/ Roll, 2. PBJ/Wow Sandwich w/ Chips
3. Popcorn Chicken w/ Roll, Steamed Broccoli,
Mashed Potatoes, Fresh Apple

Thursday, February 1

Manager's Choice, Frosted Breakfast Pastry,

1. Orange Chicken & Rice, 2. PBJ/Wow Sandwich
w/ Chips, Sweet Peas, Carrot Sticks w/ Ranch
Frozen Juice Cup

Friday, February 2

Chicken Biscuit, Assorted Cereal, 1. Stuffed Crust Pizza, 2. PBJ/
Wow Sandwich w/ Chips, 3. Hot Dog, Whole Kernel Corn,
Garden Salad w/ Ranch, 100% Fruit Juice

**Join us
every day for
convenient,
economical,
healthy meals!**

**Make a Resolution
To Save**

Student Lunch

Elementary

\$2.50

Secondary

\$2.60